



Cerebral Palsy is a disorder of movement that affects muscle tone, coordination, posture, and gait pattern. Wearing the correct type of shoe with the proper orthotics can help improve your child’s stability and balance to enhance overall movement patterns.

Key Features to look for in your child’s shoes:

1. *Extra Depth*- This feature of the shoe will allow the orthotic to fit deeply and securely in the shoe without having to worry your child’s foot will pop out when walking.
2. *Wide Toe-Box*- This feature of the shoe will help prevent your child’s toes from overlapping or rubbing up against each other.
3. *Wider Opening*- This feature of the shoe will allow for easier insertion into the shoe.
4. *Substantial Outsole*- This feature of the shoe holds the orthotic in place and absorbs the impact from the ground when walking.
5. *Firm Heel*- This feature of the shoe will provide ankle support and should be firm around ankle orthotic.

Adaptive Shoe Recommendations

Brand	Access	Details
BILLY Footwear	https://billyfootwear.com/collections/styles-for-kids	BILLY Footwear incorporates zippers that go along the side of the shoes and around the toe, so the foot can be placed onto the shoe footbed unobstructed.
Nike FlyEase	https://www.nike.com/flyease	Uses a strap and zipper around the heel for aid in putting on and taking off shoe.
New Balance	https://www.newbalance.com/kids/	Wide-fit footwear with options of an adjustable bungee, elastic lacing closure, and a Velcro strap for easy putting on and taking off.
Hatchbacks Footwear	https://www.hatchbacksfootwear.com/	Designed specifically for AFOs (ankle foot orthotics).